

FAMILY DEVOTION!

“Anger Is Murder!”



“Don’t Hold On To Grudges - Make Things Right!”



“You have heard that... ‘If you commit murder, you are subject to judgement.’ But I say, if you are even angry with someone, you are subject to judgement!” - Matthew 5:21,22

This week, we continue the series called, “Ouch!”. This week, we learn that when we hold on to grudges and anger, it will do nothing more than hurt us. Instead of allowing anger to make us bitter, we must forgive others, just like God has forgiven us.

Read:

Genesis 37-45

Ask:

- What happened to Joseph? Did he have the right to be angry?
- When he was second in command of Egypt, who came to see him? Did they know it was Joseph? How did Joseph respond?

Say:

Anger is an emotion we all deal with. However, Jesus said on the Sermon on the Mount, “Anger is murder!” So what does that mean? Does that mean if you are angry, you are a murderer?

Well, not exactly. What Jesus is saying is that when you hold onto your anger and allow it to turn into a grudge, THAT is the sin! Allowing your anger to control you can lead to a lot of heartache.

Ask/Discuss:

- Have you ever held onto your anger?
- What do you think Jesus wants us to do with our anger?

Pray:

Pray for your child if they have been holding bad feelings and unforgiveness in their hearts toward others. Encourage them that they may need to go to the person this week and tell them that they are forgiven.